

## L'Atelier de Beauté by Anne Semonin the new Beauty-Hideaway in Seefeld

Just as it is important to take care of your body, it is vital to take care of your mind and soul. Both inner and outer wellbeing are taken care of at L'Atelier de Beauté by Anne Semonin in Seefeld's Nussagasse 5, which is run by Evi Athanasiadou. Following her studies as a nutritionist, an alternative treatment therapist and beautician, she worked as a spa manager in luxury hotels in Greece and the Maldives before moving to Zurich six years ago and fulfilling her dream of establishing her own business in Seefeld.

Text: Marina S. Haq

When entering l'Atelier de Beauté, one is greeted by a kind and welcoming smile from the owner, Evi Athanasiadou. The first steps feel like entering a serene and peaceful oasis. This is further emphasized by the dominant colors of beige and white in the interior. Evi's experience in the tropical Maldives carries on in her spa's ambience, bringing a sense of halt to the hustle of everyday life.

«With people running from morning to evening, completing daily routines, I truly believe that it is important to make some time for ourselves – our body, mind and soul».

## A Personalized Approach

From head to toe, L'Atelier de Beauté offers many services, including facials, body care, massages, coollifting, manicures, pedicures and more! Evi aims to cater to her clients' specific needs. She does so by taking various factors into consideration when establishing a customized skincare routine, such as age, hormone status, lifestyle and season.

«We conduct a personalized approach. Our skin has different needs every day, depending on factors, such as the season, weather or sun exposure. We mix our products accordingly to cater to the skin's specific needs». For the treatments, L'Atelier de Beauté uses carefully selected products from their exclusive beauty partner, Anne Semonin. The high-quality products from the renowned beauty brand include natural ingredients and innovative technologies that complement the services offered by Evi and her team.

«I use Anne Semonin beause I could not find this type of personalization for treatments with any other brand. Depending on the customer's needs, we mix the products in a bowl in front of them and use it as a cream, mask or scrub», Evi explains.

With a holistic approach, she aims to balance the mind, body and soul, **«If you balance these three levels, you find tranquility».** Although l'Atelier de Beauté opened its door only half a year ago, Evi's vision is clear: **«My goal is for l'Atelier de Beauté to beco-me a reliable choice for anyone seeking a treatment in Zurich».** 

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Öffnungszeiten: Dienstag bis Samstag 10h – 19h

